

APPENDIX A. OVERVIEW OF THEORIES UNDERLYING THE GLM AND ITS PROPOSED ‘PRIMARY GOODS’

GLM	Murphy (2001)	Arnhart (1998)	Nussbaum (2001)	Becker (1992)	Rescher (1990)	Griffin (1996)	Aspinwall & Staudinger (2003)	Cummins (1996)	Emmons (1996, 1999)	Deci & Ryan (2000): SDT
Life	Life (healthy functioning)	Complete life, Health, Wealth	A life of normal length, Healthy living, Move freely and being secure	Material conditions to sustain life	x	x	Physical health	Finances, Health, Safety	Health (improving or maintaining physical health)	x
Knowledge	Knowledge	Intellectual understanding	Thinking and reasoning, Being educated and cultivated	Consciousness, Understanding: knowledge and comprehension	Intelligence and Self-understanding	Understanding	Intelligence	x	x	x
Excellence in work	Excellence in work and play	x	X	Achievement	Pride of achievement in some area of activity, vocational or avocational	Accomplishment	x	Work and productivity	Achievement	Competence
Excellence in play		x	X				x			
Excellence in agency	Excellence in agency	Practical reasoning (forming a life plan)	Practical reason (forming a life plan), Control over one’s environment	Sound self-concept and the ability to decide, choose, and act, Meaningful opportunity and activity	Agency and Rationality	Autonomy and agency	Self-regulation, Agency	x	Independence, Power	Autonomy
Inner peace	Inner peace	x	Not having one’s emotional development blighted	Harmonization of reason, desire and will	Affectivity	x	Positive affect, Coping	x	Emotionality, Personal growth (improving or maintaining mental health)	x
Relatedness	Friendship and community	Parental care, Sexual mating, Familial bonding, Friendship, Social ranking	Loving and caring for others	Benevolence, Mutual love, Sexuality.	Gaining respect from one’s associates and the love of some among them.	Deep personal relations	Relationships	Personal relationships	Intimacy, Affiliation	Relatedness
Community		x	Living with concern for others and other	x	Mutual recognizance.	x	x	Community belonging		

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			species (affiliation)							
Happiness/ Pleasure	x	x	Playing, laughing and enjoying	x	Happiness, The enjoyment of hobbies or sports	Enjoyment	x	x	x	x
Spirituality	Religion	Religious understanding	Using senses, thought and imagination to search for the ultimate meaning in life in one's own way	Meaningful necessity	x	x	x	Religion/ Spirituality	Generativity, Spirituality	x
Creativity	Aesthetic experience	Practical arts, Aesthetic pleasure, Beauty	Using imagination and thought in connection with experiencing and producing self-expressive works and events	x	Appreciation of the accomplishments of the race in art and science	x	Creativity	x	x	x
Other		Sexual identity, Justice as reciprocity, Political rule, War, Speech, Practical habituation	X	Excellence or realization of human characteristics, Self-esteem and self-respect, Integrity, Rectitude, Life as an aesthetic object	Self-esteem	x	x	x	Self-presentation	x

Note. See the text for an elaboration of these theories and their proposed goods. SDT = Self-Determination Theory, GLM = Good Lives Model.